

SAWBO DAILY MILE - FUNDRAISING FOR LOCAL CHARITIES



Walk 1

THE ROUTE:



Starting at the corner of **Bell Street** and **Knight Street** head towards **Fair Green** and pick up footpath leading towards **Vantorts Park**. Head downhill across **Springhall Road** and pick up the footpath leading past the allotments. Cross over the brook and then up the footpath, across **Brook Road** and follow the footpath into **Pishiobury Park**. Return on the same route to complete your 1 mile walk.

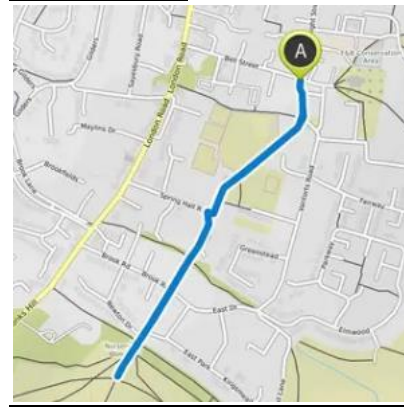
Extend the walk to **3 miles** by walking all around **Pishiobury Park** and then picking the footpaths through to the **River Stort**. Follow the river to **Station Road** and then up **The Forebury** will take you back to the start.

Things to look for (on 1 mile route):

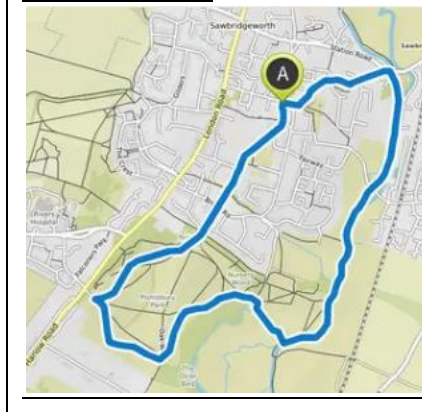
1. Fair Green
2. Vantorts Park play area
3. Sawbridgeworth brook
4. Pishiobury Park



1 Mile Route



3 Mile Route:



Follow routes on the Komoot App - [Sawbo Daily Mile \(komoot.com\)](https://www.komoot.com/)



Please donate to this year's Sawbridgeworth Mayor's Charities at

<https://www.justgiving.com/crowdfunding/sawbomayorcharities>

Download other walks from:

<http://www.sawbridgeworth-tc.gov.uk/town-information/other-town-services/walks/>

The initiative is NOT exempt from the current Covid-19 rules and the expectation is that all participants continue to adhere to guidelines.